

Integrity Growth & Income Fund



Investment Objective

Fund seeks to provide:

- Long-term growth of capital
- Dividend income as secondary objective

Fund Overview

| Share Class | Cusip | Symbol | Inception |
|-------------|-----------|--------|-----------|
| A | 45890C846 | IGIAX | 1/3/1995 |
| C | 45890C739 | IGIUX | 8/3/2015 |
| I | 45890C671 | IGIVX | 8/1/2016 |

Investment Minimums \$1000 Initial Investment
\$50 Subsequent
\$50 Automatic Investment Plan

Portfolio Statistics

Number of Positions 43
Broad Based Index Benchmark S&P 500® Index

Fund Management Team

The Portfolio Management Team consists of Joshua Larson and Trey Welstad, CFA. A support staff of research analysts assist the Portfolio Management Team.

Top Holdings

| | % NET ASSETS |
|--|--------------|
| Thermo Fisher Scientific Inc | 4.63 |
| JPMorgan Chase | 4.59 |
| Starbucks Corp | 4.16 |
| VISA Inc - Class A | 4.07 |
| Pfizer Inc | 3.94 |
| BlackRock Inc | 3.58 |
| Qualcomm Inc | 3.32 |
| Alphabet Inc - Class A | 3.27 |
| Intel Corp | 3.08 |
| Pepsico Inc | 2.88 |
| US Bancorp | 2.72 |
| 3M Co | 2.57 |
| Exelon Corp | 2.49 |
| AT&T Inc | 2.37 |
| Lowe's Company | 2.24 |

**Morningstar™ Sustainability Rating



High
Percent Rank in Large Blend Category: 1

**Morningstar™ Sustainability Rating as of 7/31/2018 in the Large Blend Category, 1196 funds in category. Sustainalytics provides company-level analysis used in the calculation of Morningstar's Sustainability Score.

Total Returns %

| Share Class | YTD | ANNUALIZED | | | | | Since Incept. |
|--------------------|-------|------------|-------------|------------|-----------|-------|---------------|
| | | One Year | Three Years | Five Years | Ten Years | | |
| A Shares | 10.05 | 18.24 | 13.91 | 10.33 | 9.95 | 8.85 | |
| Incl. Sales Charge | 4.55 | 12.33 | 11.98 | 9.21 | 9.38 | 8.61 | |
| C Shares | 9.68 | 17.62 | 13.22 | N/A | N/A | 8.89 | |
| I Shares | 10.26 | 18.53 | N/A | N/A | N/A | 14.97 | |
| S&P 500® Index | 10.56 | 17.91 | 17.31 | 13.95 | 11.97 | 10.19 | |

Performance shown is before tax.

The performance data represents past performance, which does not guarantee future results. The investment return and principal value of an investment will fluctuate so that an investor's shares, when redeemed, may be worth more or less than their original cost. Returns are for the period ended September 30, 2018 and reflect the deduction of the maximum sales load of 5.00%. Current performance may be lower or higher than the performance data quoted. To obtain performance data current to the most recent month-end, an investor may call toll free (800) 276-1262 or visit www.integrityvikingfunds.com.

Effective May 1, 2011, the maximum sales charge was increased to 5.00% for sales made on or after that date. However shareholders of the Fund who were also shareholders of the Fund on April 30, 2011 (a "Pre-May 2011 Existing Shareholder"), will not be subject to an up-front sales charge on purchases of additional Class A shares of the Fund. The average annual returns in the table reflect the maximum sales charge of 5.00%.

Fund Expenses

| Shareholder Fees (fees paid directly from your investment) | CLASS A | CLASS C | CLASS I |
|---|---------|---------|---------|
| Maximum Sales Charge (Load) Imposed on Purchases (as a percentage of offering price) | 5.00% | None | None |
| Annual Fund Expenses (expenses that you pay each year as a percentage of the value of your investment) | | | |
| Total Annual Fund Operating Expenses | 1.92% | 2.68% | 1.70% |
| Fee Waivers and Expense Reimbursements | (0.67)% | (0.68)% | (0.70)% |
| ¹ Net Annual Fund Operating Expenses (After Fee Waivers and Expense Reimbursements) | 1.25% | 2.00% | 1.00% |

¹The Fund's investment adviser has contractually agreed to waive fees and reimburse expenses through April 29, 2019 so that Total Annual Fund Operating Expenses After Fee Waivers and Expense Reimbursements (excluding taxes, brokerage fees, commissions, extraordinary and non-recurring expenses, and acquired fund fees and expenses) do not exceed 1.25% of average daily net assets for Class A shares, 2.00% of average daily net assets for Class C shares and 1.00% of Class I shares. This expense limitation agreement may only be terminated or modified prior to April 29, 2019 with the approval of the Fund's Board of Trustees.

Sales Charge Breakpoints

More detail on sales charges and breakpoints can be found in the Fund's current prospectus in the "How to Reduce Your Sales Charge" section. For a free prospectus visit our website at integrityvikingfunds.com or call 800-276-1262.

CLASS A SHARES

| Investment Amount | Sales Charge as % of POP | Dealer Comm. as % of POP |
|-------------------------------------|--------------------------|--------------------------|
| Less than \$50,000 | 5.00 | 4.25 |
| \$50,000 but less than \$100,000 | 4.50 | 3.75 |
| \$100,000 but less than \$250,000 | 3.50 | 2.75 |
| \$250,000 but less than \$500,000 | 2.50 | 1.75 |
| \$500,000 but less than \$1,000,000 | 1.75 | 1.25 |
| \$1,000,000 or more ² | 0.00 | 0.00 |

²Investments made at or above the \$1 million breakpoint may be subject to a 1% CDSC on shares redeemed within 24 months of purchase.

The Distributor may pay commission of 1.00%, out of its own resources, to Broker-Dealers who initiate and are responsible for the purchase of shares of \$1 million or more.

CLASS C SHARES

| Year CDSC | 1 | 2 |
|-----------|-------|-------|
| | 1.00% | 0.00% |

Sector Breakdown

% NET ASSETS

| | |
|----------------------------|-------|
| Information Technology | 22.25 |
| Health Care | 15.95 |
| Financials | 15.18 |
| Consumer Discretionary | 12.79 |
| Industrials | 12.41 |
| Consumer Staples | 6.97 |
| Utilities | 4.42 |
| Telecommunication Services | 3.81 |
| Cash | 3.24 |
| Materials | 2.98 |

The Fund is sold by prospectus only. An investor should consider the investment objectives, risks, and charges and expenses of the Fund carefully before investing. The prospectus contains this and other information about the Fund. You may obtain a prospectus at no cost from your financial advisor or at www.integrityvikingfunds.com. Please read the prospectus carefully before investing.

S&P 500[®] Index is a widely recognized, unmanaged index of 500 stock prices chosen for market size, liquidity, and industry group representation. It is a market-value weighted index (stock price times number of shares outstanding), with each stock's weight in the index proportionate to its market value. Returns shown reflect no deduction for fees, expenses or taxes. Index return is shown from January 3, 1995.

Effective May 1, 2011, the maximum sales charge was increased to 5.00% for sales made on or after that date. However shareholders of the Fund who were also shareholders of the Fund on April 30, 2011 (a "Pre-May 2011 Existing Shareholder"), will not be subject to an up-front sales charge on purchases of additional Class A shares of the Fund. The average annual returns in the table reflect the maximum sales charge of 5.00%.

**The Morningstar Sustainability RatingTM is a measure of how well the holdings in a portfolio are managing their environmental, social, and governance, or ESG, risks and opportunities relative to their Morningstar Category peers. The rating is a holdings-based calculation using company-level ESG analytics from Sustainalytics, a leading provider of ESG research. It is calculated for managed products and indexes globally using Morningstar's portfolio holdings database. The Morningstar Sustainability Rating is derived from the Morningstar[®] Portfolio Sustainability ScoreTM, which is calculated based on company-level ESG scores and company involvement in ESG-related controversies. Sustainalytics provides ESG scores on more than 4,500 companies globally, which are evaluated within global industry peer groups. In addition, Sustainalytics tracks and categorizes ESG-related controversial incidents on more than 10,000 companies globally. More information regarding Sustainability calculations can be found at www.morningstar.com.

Exhibit 3 Portfolio ESG Scores

| Distribution | Score | Descriptive Rank | Rating Icon |
|--------------------|-------|------------------|-------------|
| Highest 10% (best) | 5 | High | |
| Next 22.5% | 4 | Above Average | |
| Next 35% | 3 | Average | |
| Next 22.5% | 2 | Below Average | |
| Lowest 10% (worst) | 1 | Low | |

Integrity Funds Distributor, LLC

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Contact Us: (800) 276-1262 • integrityvikingfunds.com



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