

2018 DISTRIBUTION SCHEDULE – Integrity Viking Funds

The following record dates, ex-dividend dates, reinvest dates and payable dates are estimated and are subject to change by the respective Board of Trustees. The tax character of the payouts will be determined at the end of the calendar year.

Monthly Paying Funds																																																													
<p>Integrity High Income Fund Class A (ticker: IHFAX, cusip: 45890C887) Class C (ticker: IHFCX, cusip: 45890C879) Class I (ticker: IHFIX, cusip: 45890C663)</p> <p>Viking Tax-Free Fund for Montana Class A (ticker: VMTTX, cusip 926826108) Class I (ticker: VMTIX, cusip 926826504)</p> <p>Viking Tax-Free Fund for North Dakota Class A (ticker: VNDFX, cusip: 926826207) Class I (ticker: VNDIX, cusip: 926826603)</p> <p>Kansas Municipal Fund Class A (ticker: KSMUX, cusip: 926826702) Class I (ticker: KSITX, cusip: 926826801)</p> <p>Maine Municipal Fund Class A (ticker: MEMUX, cusip: 926826884) Class I (ticker: MEIMX, cusip: 926826876)</p> <p>Nebraska Municipal Fund Class A (ticker: NEMUX, cusip: 926826868) Class I (ticker: NEITX, cusip: 926826850)</p> <p>New Hampshire Municipal Fund Class A (ticker: NHMUX, cusip: 926826843)</p> <p>Oklahoma Municipal Fund Class A (ticker: OKMUX, cusip: 926826827) Class I (ticker: OKMIX, cusip: 926826819)</p>	<p style="text-align: center;">Monthly Income Dividend Schedule</p> <table border="1"> <thead> <tr> <th>Record Date</th> <th>Ex-Div Date</th> <th>Reinvest Date</th> <th>Payable Date</th> </tr> </thead> <tbody> <tr><td>daily</td><td>daily</td><td>1/31/18</td><td>2/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>2/28/18</td><td>3/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>3/29/18</td><td>4/2/18</td></tr> <tr><td>daily</td><td>daily</td><td>4/30/18</td><td>5/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>5/31/18</td><td>6/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>6/29/18</td><td>7/2/18</td></tr> <tr><td>daily</td><td>daily</td><td>7/31/18</td><td>8/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>8/31/18</td><td>9/4/18</td></tr> <tr><td>daily</td><td>daily</td><td>9/28/18</td><td>10/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>10/31/18</td><td>11/1/18</td></tr> <tr><td>daily</td><td>daily</td><td>11/30/18</td><td>12/3/18</td></tr> <tr><td>daily</td><td>daily</td><td>12/31/18</td><td>1/2/19</td></tr> </tbody> </table> <p style="text-align: center;">Capital Gains (if applicable)</p> <table border="1"> <thead> <tr> <th>Record Date</th> <th>Ex-Div Date</th> <th>Reinvest Date</th> <th>Payable Date</th> </tr> </thead> <tbody> <tr> <td>12/26/18</td> <td>12/27/18</td> <td>12/27/18</td> <td>12/28/18</td> </tr> </tbody> </table>	Record Date	Ex-Div Date	Reinvest Date	Payable Date	daily	daily	1/31/18	2/1/18	daily	daily	2/28/18	3/1/18	daily	daily	3/29/18	4/2/18	daily	daily	4/30/18	5/1/18	daily	daily	5/31/18	6/1/18	daily	daily	6/29/18	7/2/18	daily	daily	7/31/18	8/1/18	daily	daily	8/31/18	9/4/18	daily	daily	9/28/18	10/1/18	daily	daily	10/31/18	11/1/18	daily	daily	11/30/18	12/3/18	daily	daily	12/31/18	1/2/19	Record Date	Ex-Div Date	Reinvest Date	Payable Date	12/26/18	12/27/18	12/27/18	12/28/18
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Quarterly Paying Funds																													
<p>Integrity Dividend Harvest Fund Class A (ticker: IDIVX, cusip: 45890C754) Class C (ticker: IDHCX, cusip: 45890C721) Class I (ticker: IDHIX, cusip: 45890C655)</p> <p>Integrity Energized Dividend Fund Class A (ticker: NRGDX, cusip: 45890C713) Class C (ticker: NRGUX, cusip: 45890C697) Class I (ticker: NRIGX, cusip: 45890C648)</p>	<p style="text-align: center;">Quarterly Income Dividend Schedule</p> <table border="1"> <thead> <tr> <th>Record Date</th> <th>Ex-Div Date</th> <th>Reinvest Date</th> <th>Payable Date</th> </tr> </thead> <tbody> <tr><td>3/28/18</td><td>3/29/18</td><td>3/29/18</td><td>4/2/18</td></tr> <tr><td>6/28/18</td><td>6/29/18</td><td>6/29/18</td><td>7/2/18</td></tr> <tr><td>9/27/18</td><td>9/28/18</td><td>9/28/18</td><td>10/1/18</td></tr> <tr><td>12/28/18</td><td>12/31/18</td><td>12/31/18</td><td>1/2/19</td></tr> </tbody> </table> <p style="text-align: center;">Capital Gains (if applicable)</p> <table border="1"> <thead> <tr> <th>Record Date</th> <th>Ex-Div Date</th> <th>Reinvest Date</th> <th>Payable Date</th> </tr> </thead> <tbody> <tr> <td>12/26/18</td> <td>12/27/18</td> <td>12/27/18</td> <td>12/28/18</td> </tr> </tbody> </table>	Record Date	Ex-Div Date	Reinvest Date	Payable Date	3/28/18	3/29/18	3/29/18	4/2/18	6/28/18	6/29/18	6/29/18	7/2/18	9/27/18	9/28/18	9/28/18	10/1/18	12/28/18	12/31/18	12/31/18	1/2/19	Record Date	Ex-Div Date	Reinvest Date	Payable Date	12/26/18	12/27/18	12/27/18	12/28/18
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Yearly Paying Funds

Williston Basin/Mid-North America Stock Fund

Class A (ticker: ICPAX, cusip: 45890C606)

Class C (ticker: ICPUX, cusip: 45890C747)

Class I (ticker: ICWIX, cusip: 45890C689)

Integrity Growth & Income Fund

Class A (ticker: IGIAX, cusip: 45890C846)

Class C (ticker: IGIUX, cusip: 45890C739)

Class I (ticker: IGIVX, cusip: 45890C671)

Income and Capital Gains (if applicable)

Record Date	Ex-Div Date	Reinvest Date	Payable Date
12/26/18	12/27/18	12/27/18	12/28/18

Key Terms

Record Date—Shareholders must own shares on the record date to be eligible to receive a distribution.

Ex-Dividend Date—Each fund's share price (net asset value) is reduced by the amount of the per-share distribution on this date.

Reinvestment Date—Distribution amounts are reinvested in fund shares on this date for shareholders who elect this option.

Payable Date—Distribution amounts are mailed by check on this date to shareholders of record who receive distributions in cash.

Rules for Daily Accrual Funds

When does a shareholder start accruing on a purchase? Settlement date

When does a shareholder stop accruing on a redemption? Settlement date

What is the payment frequency? Monthly

When does the fund pay dividends? Reinvested dividends are paid on last business day of month and cash dividends are paid on first business day of following month.

How is the accrual period calculated? Based on the calendar month

Rules for Quarterly & Yearly Paying Funds

Ex-date = Record date + 1 Trading day

Reinvest date = Ex-date

Payable date = Reinvest date (or Ex-date) + 1 Trading day